

Martial Arts

(More than kicking & punching)

Make this summer the best summer ever with our exciting Martial Arts Day Program. Enjoy martial arts training along with fun and challenging games and drills. Learn martial arts techniques and work on improving important life skills such as:

- FOCUS
- RESPECT
- CONTROL
- DISCIPLINE
- SELF-CONFIDENCE
- COORDINATION
- AND MUCH MORE


There are 4 weeks to choose from each with a different martial arts focus. Programs are open to beginners as well as advanced students. Choose one or more weeks, but be sure to register early. Each program has a limited number of spaces.

Summer Day Program

 *June 22nd thru June 26th*
Mini Martial Arts

 *June 29th thru July 3rd*
Bully Takedown

 *July 6th thru July 10th*
Martial Arts Action Camp

 *July 13th thru July 17th*
Weapons - Kamas



CKD Academy of Martial Arts
1778 South Broadway
Santa Maria, CA 93454



CKD ACADEMY OF MARTIAL ARTS

SUMMER
DAY
PROGRAM

2026





Our goal at each CKD Academy of Martial Arts Summer Day Program is for each student to have fun as well as to learn proper and effective martial art techniques. We also focus on building respect, self-confidence, and self-discipline.

Our programs are taught by Sensei Heather and Sensei Travis, who have a combine total of over twenty-five years of teaching experience and more than thirty years experience in martial arts. They love sharing their knowledge of martial arts with others and have taught children of all ages as well as adults. Sensei Heather and Sensei Travis make each program fun, challenging, and full of martial arts training.

Our Martial Arts Day Programs are open to children ages 5 and up. Martial Arts experience is not necessary. Students are taught at their level, so whether your child is a beginner or a more advanced practitioner of martial arts these programs are for them.

Sample Schedule

8:30am to 9am—Early Drop Off
9am—Warm-up, Lesson of the Day
10am—Drills & Martial Arts Games
10:30am—Snack Break (bring a healthy snack)
11:00pm—Applying What We Learned, More Martial Arts Instruction, Drills, & Games
12pm—See you tomorrow!

Mini Martial Arts (ages 5-7) June 22nd thru June 26th

The perfect program for ages five, six, and seven year olds. Everyday has a different focus. From punches to kicks to combos to coordination drills and self-defense, each student is sure to have a blast during Mini Martial Arts. Hours 9am to 12pm. Cost \$125.

Bully Takedown (ages 6 & up) June 29th thru July 3rd

Learn how to defend yourself, diffuse situations, and keep yourself safe in our Bully Takedown program. Students are taught simple effective techniques. Techniques are applied in simulated real world scenarios. Bullies, beware!! You don't want to mess with our students after they've completed our Bully Takedown program! Hours 9am to 12pm. Cost \$125.

Martial Arts Action Camp (ages 6 & up) July 6th thru July 10th

Get ready to star in your own action movie. Students are taught the basics of martial arts and self-defense as well as how to use control and work together as a team. Each student will star in their own action movie and receive a DVD copy. Hours 9am to 2pm. Cost \$225 (includes DVD).

Weapons - Kamas (ages 6 & up) July 13th thru July 17th

Learn the art of the Kamas. Build strength, develop discipline, and learn how to move the Kamas with ease. Students are taught proper Kama techniques and the responsibility required when learning weapons. Lessons are reinforced with exciting drills and challenges as well as fun martial art games. Hours 9am to 12pm. Cost \$145 (includes Kamas).

Summer Day Programs Monday-Friday 9am to 12pm

Martial Arts Action Camp Monday-Friday 9am to 2pm

Early drop off (8:30am) No Extra Charge

**ALL STUDENTS MUST BE PICKED UP
NO LATER THAN 15 MINUTES AFTER THEIR
CLASS ENDS FOR THE DAY.**

**NOTE:
STUDENTS PICKED UP AFTER THE 15 MNUTES
WILL BE CHARGED \$1 PER MINUTE.**

Additional Info

- ◆ A Non-Refundable Deposit of \$50 is due upon signup in order to reserve your spot.
- ◆ Each week is limited to only 20 students.
- ◆ Registration forms are available online.
- ◆ Uniforms are available(\$30), but not required.



REGISTER SOON! SPACE IS LIMITED

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